

Mental Health & Addictions Facts and Figures

JOSEPH BRANT
HOSPITAL



One-third of Canadians aged 15 or older who report having a need for mental health and addictions care say those needs were not fully met.



In any given year, **one in five** people in Canada live with a mental health or substance use problem or illness.



During the COVID-19 pandemic, Joseph Brant Hospital saw a **2.4 fold increase** in the number of people seeking outpatient mental health services.

No one should have to leave their community to get the help they need.

The Joseph Brant Hospital Mental Health Services Program provides a Full-Continuum Model of Care, planned and designed according to the needs of the patients in our community and in alignment with provincial and regional mental health priorities and directives. For more information about available resources and the growing needs of our community, visit [keepcareclosetohome.ca](https://www.keepcareclosetohome.ca)

If you or someone you know is in need of help, please phone **905-631-1939** or visit [JosephBrantHospital.ca](https://www.JosephBrantHospital.ca) and select our mental health program to learn more about the services available.