

Please feel free to share any or all of the following statements to your social networks to show your support for keeping Mental Health & Addictions care close to home.

1. Joseph Brant Hospital has launched [keepcareclosetohome.ca](http://keepcareclosetohome.ca) to help spread awareness of available Mental Health & Addictions Programs/Services for those seeking help and the growing needs in our community. Visit [keepcareclosetohome.ca](http://keepcareclosetohome.ca) for more information.
2. I am supporting Joseph Brant Hospital and its mission to provide timely access to high-quality Mental Health & Addictions Services to those who need help. Visit [keepcareclosetohome.ca](http://keepcareclosetohome.ca) for more information.
3. Mental illness and addictions indirectly affect all Canadians at some time through a family member, friend, or colleague. In any given year, 1 in 5 people will personally experience a Mental Health problem or illness. Visit [keepcareclosetohome.ca](http://keepcareclosetohome.ca) for more information.
4. Did you know access to Mental Health and Addictions Services is a major barrier, with only half of Canadians experiencing a major depressive episode receiving "potentially adequate care?" Visit [keepcareclosetohome.ca](http://keepcareclosetohome.ca) to find out how JBH is working to break that barrier.